

Daily Learning Planner

*Ideas parents can use to help students
do well in school*

Enterprise City Schools
Parent & Family Engagement



THE
PARENT
INSTITUTE®

October 2020

Daily Learning Planner: Ideas Parents Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- ☐ 1. Choose a letter from an advice column. Read it aloud. Ask your teen how he would solve the problem.
- ☐ 2. Start a conversation by noticing nonverbal messages. If you see a smile on your teen's face, say, "You seem happy."
- ☐ 3. Ask your teen to help you think through a decision.
- ☐ 4. Look for a skill you and your teen can learn together. It's a fun way to get to know each other on a new level.
- ☐ 5. Ask your teen to tell you some things you've done together recently that she enjoyed. If possible, make plans to do these activities again.
- ☐ 6. Talk to your teen about credit cards. Irresponsible credit card use can negatively affect his financial future.
- ☐ 7. Teach your teen an inspirational saying, such as "A goal is a dream with a deadline."
- ☐ 8. Charge computers and phones out of your teen's bedroom at night. Teens should be sleeping, not texting and checking social media.
- ☐ 9. Use a calendar to keep track of family activities. Have each family member use a different color to record commitments.
- ☐ 10. Take advantage of time in the car to talk with your teen privately.
- ☐ 11. Compliment your teen on something she is doing well.
- ☐ 12. Tell your teen about your day in as much detail as you would like to hear about his day.
- ☐ 13. Give your teen more responsibility for self-care, such as making her own dental appointments.
- ☐ 14. Teens need some time alone with their thoughts. Your teen could enjoy a hobby, read or listen to music.
- ☐ 15. Tell your teen a story that conveys your values.
- ☐ 16. Is your teen facing a school-related problem? Have him brainstorm ways he could solve it—without your help.
- ☐ 17. Talk with your teen about her plans for after graduation.
- ☐ 18. Have your teen play a favorite song. What does he like about it?
- ☐ 19. Teach your teen a practical skill, such as how to sew on a button.
- ☐ 20. When your teen studies her notes, have her start at a different place every time.
- ☐ 21. Laugh with your teen about a mistake you have made.
- ☐ 22. Encourage your teen to schedule study time and avoid all-nighters and cramming just before a test.
- ☐ 23. Write your teen a letter about the day he was born.
- ☐ 24. Give your teen some examples of difficult situations. How would she handle them?
- ☐ 25. Have your teen describe his dream job. What skills would he need?
- ☐ 26. Establish a daily reading time for the entire family.
- ☐ 27. Ask your teen, "If you could change one thing about the world, what would it be?"
- ☐ 28. Help your teen see that she can't control others, but she can control how she reacts to others.
- ☐ 29. Think of something nice you and your teen could do for someone else. Set aside time to do it.
- ☐ 30. After your teen takes notes, encourage him to look for key ideas and draw a picture to illustrate them.
- ☐ 31. Review your teen's schedule. Does she have enough time for schoolwork, sleep, exercise and just relaxing?